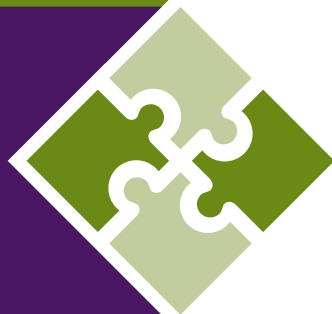


Whatever you're facing, support is available...



If you are facing difficulty, here are the contact details of places you can go to for support...

Jobcentre Plus For benefit claims and help with Universal Credit.	www.gov.uk Call: 0800 055 6688 Textphone: 0800 023 4888 Universal Credit helpline: 0800 328 5644 Textphone: 0800 328 1344
Pension Credit Check your eligibility and apply.	www.gov.uk/pension-credit Pension Credit enquiry line: 0800 99 1234 Textphone: 0800 169 0133
Citizens' Advice Mid Mercia For support including: debt, benefits, and legal advice.	www.citizensadvicemidmercia.org.uk Call: 0808 278 7972 Debtline number: 01332 228 745
Derbyshire Welfare Rights Service Advice on benefits, including pension credit, and how to claim.	www.derbyshire.gov.uk/welfarebenefits Call: 01629 531535 or Email: welfarebenefits@derbyshire.gov.uk
South Derbyshire Food Bank Food parcels for individuals and families in financial difficulty for up to three days.	www.sdcvs.org.uk Call: 07458 305 314 or 01283 219 761 Email: projectsupport@sdcv.org.uk
Homelessness Advice For people at risk of homelessness.	www.southderbyshire.gov.uk/homelessness Call: 01283 595 795 or Email: housing.triage@southderbyshire.gov.uk
Derbyshire Domestic Abuse Support for people at risk of abuse.	Call: 08000 198 668 In an emergency, call 999 Text: 07534 617252 or Email: derbyshiredahelpline@theelmfoundation.org.uk

<p>Warmer Derby and Derbyshire Offering advice on staying warm at home and energy bills.</p>	<p>Call: 0800 677 1332 or Email: wdd@mea.org.uk</p>
<p>Green Homes Grants Grants available to improve the energy efficiency of your home.</p>	<p>www.southderbyshire.gov.uk/green-homes-grant For advice, Email: environmental.health@southderbyshire.gov.uk</p>
<p>Derbyshire Mental Health Helpline and Support Service</p>	<p>Call: 0800 028 0077 open 24/7, your call is free</p>
<p>Derbyshire Recovery and Peer Support Service</p>	<p>Call: 01773 734989 or Email: derbyshirerecoverypeersupportservice@rethink.org</p>
<p>Samaritans</p>	<p>Call: 116 123, your call is free, open 24/7 or Email: jo@samaritans.org</p>
<p>South Derbyshire Volunteer Force Find out how you can gain valuable skills and support others.</p>	<p>Call: 01283 219 761 or Email: volunteer@sdcvs.org.uk</p>
<p>Derbyshire Home from Hospital Support Service The service supports people recently discharged from hospital or needing extra support to stay at home.</p>	<p>Call: 01283 219761 or Email: home@dhfh.org.uk</p>
<p>Handy Person Help at Home The service provides practical solutions and support for people to stay independent and safe at home.</p>	<p>Call: 01283 219761 or Email: handysupport@sdcvs.org.uk</p>
<p>Hill Street Baptist Church Clothes Bank</p>	<p>Call: 07468512677 or Email: clothesbank.hillstbaptist@gmail.com facebook.com/hillstreetbaptistchurchswadlincote</p>
<p>Stop Loan Sharks</p>	<p>www.stoploansharks.co.uk Call: 0300 555 2222, open 24/7</p>

For more information and visit:
www.derbyshire.gov.uk/community/cost-of-living



South Derbyshire Partnership brings together public services, local businesses, voluntary and community groups with the aim of improving the economic, social and environmental wellbeing of South Derbyshire.